

# Hillsborough County Health Care Plan (HCHCP) Benefits Coverage

# A. Primary Care Provider (PCP) Clinic Visits

Once you are enrolled into the Hillsborough County Health Care Plan (HCHCP) it is important to contact the clinic you choose immediately to make a new patient appointment. Find your clinic and phone number on your HCHCP card.

### Primary care services include:

- Preventative care and routine checkups to help keep you feeling well.
- Treatment when you are sick.
- Laboratory, x-ray, and other routine diagnostic tests.
- Arrangements for medical equipment like wheelchairs, supplies, home health care and oxygen services.
- To arrange for you to see a specialist when necessary.
- Arrange for you to receive outpatient therapies such as physical/occupational/speech therapies, and wound care.
- Family planning
- Health education
- Behavioral health

# **B. Hospital Care**

- Your hospital care is covered if you are admitted to a hospital located in Hillsborough County.
- Emergency medical care is covered when utilized for real emergency situations. You should always let your PCP know when you have gone to the Emergency Room.

• After you are discharged from the hospital it is vital that you contact your PCP to schedule a follow-up visit. Your PCP will assist you with coordinating your discharge care.

## C. Outpatient Specialty Physician Care

Specialty physician care is a covered service. You must have a referral from your assigned PCP before you can be seen by any specialist (ex: cardiologist, GI, orthopedics, etc.). If you do not have a referral, the HCHCP will not pay for your visit.

#### D. Laboratory and X-ray services

- Laboratory and x-ray services ordered by your PCP or Specialist as part of your outpatient care is covered.
- You must use the laboratory and x-ray facilities within your network.

### **E. Dental Services**

• Dental services with no copays will include preventive care (cleanings, x-rays, etc.), full service dental care such as fillings, caps, and even dentures. Dental services, (excluding oral surgery) shall not exceed \$2500 per member per year. Orthodontia services are not covered. If you need to be seen by an oral surgeon a referral by the dental clinic is required

### F. Medications

- There are no co-pays for covered medications.
- Medications can be filled at most Walgreen pharmacies in Hillsborough County, at your network clinic pharmacy (if available) and other independent pharmacies.

### G. Physical Therapy, Speech Therapy, and Occupational Therapy

- Outpatient therapy services ordered by your PCP or Specialist is covered.
- Your PCP or Specialist must refer you to the appropriate facility.

# H. Medical Equipment and Medical Supplies

Medical equipment ordered by your PCP or Specialist is covered. A prescription is needed to obtain these services. Examples are:

- Wheelchairs, crutches, walkers, etc.
- Oxygen, CPAP machines, BiPAP machines including supplies.
- Other medical supplies like dressings and ostomy supplies.

### I. Orthotics and Prosthetics

- Specific medical support such as braces, mastectomy supplies, special shoes, artificial legs, and arms ordered by your PCP or Specialist are covered.
- A prescription is required from the ordering PCP or Specialist.
- Once you are approved for this special support, you will be contacted for a fitting.

### J. Home Health Care

- Your PCP or Specialist may feel you need some assistance while you are in the home after you have been in the hospital.
- Services covered include nursing, home health aide, physical therapy, occupational therapy, and speech therapy.
- If you need this additional help, a nurse will call you prior to the first home visit to let you know when they will be coming out to see you.

### K. Skilled Nursing/Rehabilitation Services

- Your PCP or Specialist may feel you need some assistance after you have been in the hospital before you can return home and may refer you to a Skilled Nursing Facility or Inpatient Hospital Rehabilitation Facility.
- HCHCP will only cover up to 45 days from the effective date you are admitted to the facility.

## L. Vision Care

Routine vision care services are provided at multiple locations and a referral is not needed. These services require an appointment to be seen. The limited benefit for these services is:

- Annual vision exam (\$100 max)
- Frames (\$150 max)
- Single vision lenses (\$50 max)
- Bifocal lenses (\$75 max)
- Trifocal lenses (\$100 max)
- Contact lenses (\$175 max)

### M. Healthy Living Program

The Healthy Living Program provides guidance and resources for a healthy lifestyle offered at Health Living Centers throughout Hillsborough County. They offer the following services:

- Exercise room
- Educational activities
- Group exercise sessions
- Nutritional counseling
- Health screenings

#### **N. Member Services**

- For questions regarding a list of HCHCP specialty providers please contact your PCP for assistance.
- For questions regarding the HCHCP (for example: eligibility card replacement, changing your clinic, etc.) please contact Member Services @ 813-272-5040 for assistance.